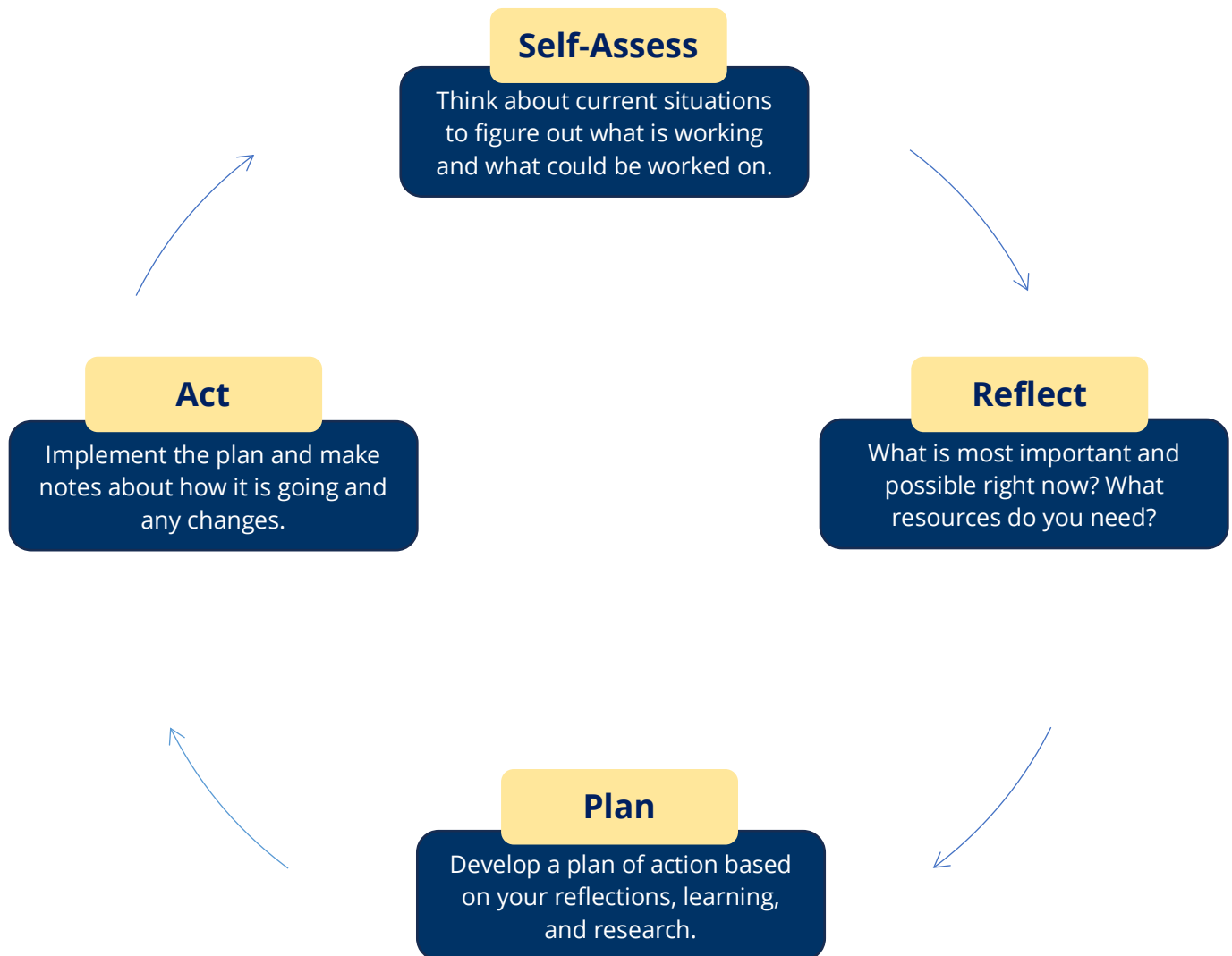


# UNDERSTANDING SELF-STUDY



**Self-study** is an intentional process that allows an individual to review their current practices for ongoing learning and growth. This document will provide information about the four recommended steps that are repeated as a way to continue developing quality for your program. Many early childhood educators make positive adjustments daily based on the children's needs and are continually working towards improvement. Each educator will approach this process differently based on the individual needs of the program. There are many options. Regardless of the approach taken, self-study should work towards meeting program goals and needs.



After “acting” over a period of time, it is important to re-evaluate. Spend time again in self-assessment to determine how your plan was implemented, if it was effective, and what changes can be made in the next cycle.