

Reflective Self-Study for Family Child Care Homes: Overview of the Three Step Process



Week 1

The Family Child Care Home (FCCH) provider reviews information about the self-study. Providers should review:

- Instructions and resources provided at ncrlap.org including a webinar that offers additional information about this process.
- The Family Child Care Environment Rating Scale-Revised (FCCERS-R). FCCH providers are encouraged to build familiarity with the requirements of this tool. The FCCERS-R is required to complete step 2.

1

The FCCH provider will enter the date(s) information was reviewed on the Reflective Self-Study Verification form.



Weeks 1-4

The FCCH provider completes three Thinking More About worksheets associated with the FCCERS-R.

These worksheets ask the provider to reflect on their current situation and daily practices in these areas:

- Language/Interactions
- Personal Care Routines
- Program Structure

To encourage reflection, we recommend worksheets be completed over a three week period (one per week). Set aside 2-4 hours to complete each worksheet, perhaps 30 minutes per day. When possible, we recommend working with someone else, such as another FCCH provider, an assistant, or a local Technical Assistance Specialist from CCR&R or the Partnership for Children.

2

The FCCH provider should complete these worksheets before the start of the assessment window.



Weeks 3-4

The FCCH provider reviews the worksheets, addresses any lingering questions, and thinks about next steps or goal setting based on ideas generated during this process. Set aside ample time for this review and goal setting.

A conversation occurs with the Child Care Consultant to review ideas and questions, and to plan further. Following this conversation, the FCCH provider completes the Reflective Self-Study Verification Form.

3

All three worksheets and the verification form should be completed before the start of the Modified Assessment window. The FCCH provider will give these documents to the assessor when they visit for the assessment.